



Musselburgh Sport Centre

Summer Activities Programme

Swimming

Swimming	17 th - 21 st July	24 th - 28 th July	31 st July - 4 th August	7 th - 11 th August
8.30 - 9am	Swimskills 1b	Swimskills 1a Beginner (Aged 8+)	Swimskills 1b	Swimskills 1a Beginner (Aged 8+)
9 - 9.30am	Swimskills 1a	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 8+)	Swimskills 1a Beginner (Aged 8+)
9.30 - 10am	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a	Swimskills 1a Beginner (Aged 5+)
10 - 10.30am	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 8+)	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 5+)

Classes are open to both new members and current members. Classes run from Monday to Friday. For classes which are differentiated by school year, please select the primary your child will be attending in August.

To book a course, please visit reception

Gymnastics

Gymnastics	24 th - 28 th July
9.30 - 10.30am	P1/P2
10.30 - 11.30am	P1/P2
11.30 - 12.30pm	P3/P4
12.30 - 13.30pm	P5+

Tennis

Tennis	7 th - 11 th August
9.15 - 10am	P1-3
10 - 11am	P4-7



North Berwick Sport Centre

Summer Activities Programme

Swimming

Swimming	17 th - 21 st July	24 th - 28 th July	31 st July - 4 th August	7 th - 11 th August
9.15 - 9.45am	Swimskills 1a Beginner (Aged 8+)	Swimskills 1a Beginner (Aged 8+)	Swimskills 1a Beginner (Aged 8+)	Swimskills 1a Beginner (Aged 8+)
9.45 - 10.15am	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 5+)

Classes are open to both new members and current members.

To book a course, please visit reception

Gymnastics* (Pre-School)

Gymnastics	2 nd - 4 th August
9.30 - 10am	Tumble bugs (18mnths - 3yrs)
10.05 - 10.50am	Gym Monkeys (3-5yrs)
10.55 - 11.25am	Tumble bugs (18mnths - 3yrs)
11.30 - 12.15pm	Gym Monkeys (3-5yrs)

*Sessions are pay as you go



Aubigny Sport Centre

Summer Activities Programme

Swimming

Tennis

Swimming	17 th - 21 st July	24 th - 28 th July	31 st July - 4 th August	7 th - 11 th August
1-1.30pm	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 8+)	Swimskills 1a Beginner (Aged 8+)
1.30-2pm	Swimskills 1a	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 8+)	Swimskills 1a Beginner (Aged 8+)
2-2.30pm	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a Beginner (Aged 5+)
2.30-3pm	Swimskills 1a Beginner (Aged 5+)	Swimskills 1a	Swimskills 1a	Swimskills 1a Beginner (Aged 5+)

Tennis	31 st July - 4 th August
9.15-10am	P1-3
10am-11am	P4-7

Classes are open to both new members and current members. Classes run from Monday to Friday. For classes which are differentiated by school year, please select the primary your child will be attending in August.

To book a course, please visit reception



Loch Centre

Summer Activities Programme

Gymnastics

Gymnastics	17 th - 20 th July
1-2pm	P1/P2
2-3pm	P3/P4
3-4pm	P5+

Classes are open to both new members and current members. Classes run from Monday to Friday.

To book a course, please visit reception



Swimming Levels

Swimming Level	Description
Swimskills 1a Beginner 5+	This class is suitable for those aged 5+ who have had no, or limited swimming lessons.
Swimskills 1a Beginner 8+	This class is suitable for those aged 8+ who have had no, or limited swimming lessons.
Swimskills 1a	This class is suitable for those currently within a Swimskills 1a class.
Swimskills 1b	This class is suitable for those currently within a Swimskills 1b class

Classes are open to both new members and current members. Classes run from Monday to Friday.

To book a course, please visit reception