

Musselburgh Sports Centre

Swimming Pool Timetable

Last update 26/05/2023

	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
MONDAY	Main Pool	7:00-8:00 Lane Swim Med/Fast 25m	8:00-9:00 Lane Swim Med/Fast 25m	9:00-3:15 Swim Lesson AquaFit Swim Lessons									3:15-6:15 Swim Lessons	6:30-9:30 Swim Club			
	Floating Floor Area																
TUESDAY	Main Pool	5:45-7:45	8:00-9:00 Lane Swim Med/Fast 25m	9:15 - 12:15				12:45-1:45 AquaFit	1:45-4:00				4:00-8:30 Club Swim	8:30-9:30 Lane Swim Med/Fast 25m			
	Floating Floor Area	Swim Club		Schools				AquaFit	Swim Lesson								
WEDNESDAY	Main Pool	7:00-8:00 Lane Swim Med/Fast 25m	8:00-9:00 Lane Swim Med/Fast 25m	9:00-3:15 Schools Swim Lessons									3:15-6:15 Swim Lessons	6:30-9:30 Musselburgh Swimming Club			
	Floating Floor Area			Schools					Swim Lessons								
THURSDAY	Main Pool	5:45-8:00	8:15-10:30	10:30-11:30	11:30-12:15	12:15-3:15				3:15-6:30	6:30-7:30	7:30-8:30	8:30-9:30 Lane Swim Med/Fast 25m				
	Floating Floor Area	Swim Club	Staff Training	Swim Lesson	AquaFit	Schools					AquaFit	Swim Club (3 lanes)					
FRIDAY	Main Pool	7:00-9:00 Lane Swim Med/Fast 25m	9:00-12:00 Lane swim Med/Fast 25m	9:00-12:00			12-12:45 Lane swim Med/Fast 18m	1:00-2:00	2:00-3:00	3-3:15	3:15-5:45 Swimming Lessons						
	Floating Floor Area			Swim Lesson			Lessons				Swimming Lessons						
SATURDAY	Main Pool		9:00-11:30 Swimming Lessons			11.30-3.00			3:00-4:00 Reserved for Pool Parties.		4-4:30						
	Floating Floor Area								If no parties are booked, this is a public session								
SUNDAY	Main Pool		8:30-10:00	10:00-1:00			1:00-2:30 ELST		3:00-4:00		4-4:30						
	Floating Floor Area		Swim Club														

Booking Procedures				
	On arrival subject to availability	Advance Bookings		
		In Person	Phone	Online
Public Sessions	<input checked="" type="checkbox"/>			
Lane Swimming	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
AquaFit Classes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Kids Fun Session	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

General Booking Policy: Swim Sessions may be subject to change at short notice.

enjoy your swim



Children Under 8 Years.
Children under the age of 8 years must be accompanied by an adult (over 16 years). A maximum ratio of 1 adult to 2 children under 8 years applies.



Children Over 8 Years
Children 8 years and above can attend a public swim session unaccompanied. Parents are asked to be mindful of their child's swimming competency levels and the depths



Lane Swimming
When booking a lane swimming, please ensure that you book into the appropriate lane for your swimming capabilities.



In order to safeguard both customers and colleagues, the changing rooms, lockers and frequently used touch points will be cleaned and sanitised on a regular basis throughout the day.

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Delivering services for East Lothian Council. Enjoy East Lothian Ltd is a registered Scottish Charity: SC040527