

## Aubigny Sports Centre

### COACHED TIMETABLE

Monday 03 October - Sunday 09 October

Time	Activity	Time	Activity
<b>Monday</b>		<b>Saturday</b>	
08:30 - 08:55	Early Years Swim Lessons	09:30 - 10:30	Pre-School Swim Lessons
10:00 - 14:00	Pre-School Swim Lessons	<b>Sunday</b>	
16:00 - 17:30	Pre-School Swim Lessons	08:45 - 09:10	Early Years Swim Lessons
16:00 - 17:30	Swim Skills & Club Ready		
18:00 - 19:00	Gymnastics		
<b>Tuesday</b>			
09:30 - 10:00	Tumble Bugs		
10:00 - 10:25	Early Years Swim Lessons		
10:05 - 10:50	Gym Monkeys		
10:55 - 11:25	Tumble Bugs		
11:30 - 12:15	Gym Monkeys		
13:00 - 13:30	Tumble Bugs		
13:35 - 14:20	Gym Monkeys		
16:45 - 19:15	Swim Skills & Club Ready		
17:00 - 19:00	Pre-School Swim Lessons		
<b>Wednesday</b>			
08:30 - 08:55	Early Years Swim Lessons		
09:30 - 10:00	Tumble Bugs		
10:00 - 14:00	Pre-School Swim Lessons		
10:05 - 10:50	Gym Monkeys		
10:55 - 11:25	Tumble Bugs		
11:30 - 12:15	Gym Monkeys		
13:00 - 13:30	Tumble Bugs		
13:35 - 14:20	Gym Monkeys		
16:00 - 18:15	Swim Skills & Club Ready		
<b>Thursday</b>			
09:00 - 14:30	Pre-School Swim Lessons		
15:30 - 19:00	Swim Skills & Club Ready		
17:15 - 18:15	Pre-School Swim Lessons		
17:30 - 18:30	Gymnastics		
18:30 - 19:30	Gymnastics		
<b>Friday</b>			
08:30 - 08:55	Early Years Swim Lessons		
09:00 - 09:30	Baby Gym		
09:35 - 10:05	Tumble Bugs		
10:00 - 11:00	Pre-School Swim Lessons		
10:15 - 10:45	Tumble Bugs		
10:45 - 11:30	Gym Monkeys		
11:30 - 12:15	Gym Monkeys		
13:00 - 14:00	Gymnastics		
13:00 - 14:00	Teen Gym		
14:00 - 15:00	Gymnastics		
15:00 - 16:00	Gymnastics		
15:45 - 17:30	Pre-School Swim Lessons		
16:00 - 17:30	Swim Skills & Club Ready		
<b>Saturday</b>			
08:00 - 08:25	Early Years Swim Lessons		
09:00 - 11:15	Swim Skills & Club Ready		