

Aubigny Sports Centre Swimming Pool Timetables

Correct as of September 2020

		6	30	7	30	8	30	9	30	10	30	11	30	12	30	1	30	2	30	3	30	4	30	5	30	6	30	7	30	8	30	9	30				
MONDAY	Main Pool	7:00-8:00		8:30-9:30		10:00-11:00		11:30-12:30		1:00-2:00		2:00-4:00		4:00-5:00		5:30-6:30		7:00-8:00		8:30-9:30																	
	Infant Pool			8:30-9:30		10:00-11:00		11:30-12:30		1:00-2:00		2:00-4:00		4:00-5:00		5:30-6:30		7:00-8:00		8:30-9:30																	
TUESDAY	Main Pool			8:45-9:45		10:15-11:15		11:45-12:45		1:15-4:15				4:45-7:30																							
	Infant Pool			8:45-9:45		10:15-11:15		11:45-12:45		1:15-4:15				4:45-7:30																							
WEDNESDAY	Main Pool	7:00-8:00		8:30-9:30		10:00-11:00		11:30-12:30		1:00-2:00		2:30-3:30		4:00-5:00		5:00-9:00																					
	Infant Pool			8:30-9:30		10:00-11:00		11:30-12:30		1:00-2:00		2:30-3:30		4:00-6:15																							
THURSDAY	Main Pool			9:00-10:00		10:30-11:30		12:00-1:00		1:30-2:30		3:00-4:00		4:30-7:15		7:45-8:45																					
	Infant Pool			9:00-10:00		10:30-11:30		12:00-1:00		1:30-2:30		3:00-4:00		4:30-7:15		7:45-8:45																					
FRIDAY	Main Pool	7:00-8:00		8:30-9:30		10:00-11:00		11:30-12:30		1:00-2:00		2:30-3:30		4:00-5:45		6:00-8:45																					
	Infant Pool			8:30-9:30		10:00-11:00		11:30-12:30		1:00-2:00		2:30-3:30		4:00-5:45																							
SATURDAY	Main Pool	7:30-8:45		9:00-11:30		12:00-1:00		1:30-2:30		3:00-4:00		4:30-5:30																									
	Infant Pool			9:00-11:30		12:00-1:00		1:30-2:30		3:00-4:00																											
SUNDAY	Main Pool	7:00-8:45		9:00-10:00		10:30-11:30		12:00-1:00		1:30-2:30		3:00-4:00																									
	Infant Pool			9:00-10:00		10:30-11:30		12:00-1:00		1:30-2:30		3:00-4:00																									

Swim Session Descriptions
Lane Swim
 An opportunity to enjoy swimming lengths of the pool. These sessions can be booked online or over the phone.
AquaFit
 An exercise class that takes place in the water! Available to book online or by phone.

Family Tanks
 We are now organising our public swim sessions into bookable 'tanks'. These are roped off sections of the pool where families, households or group bubbles can enjoy their swim with complying with physical distancing. These sessions can only be booked with the centre directly.
Kids Swim Sessions
 Dedicated time in the pool for 8-11 year olds to enjoy a swim with fewer distancing restrictions. Book online (under the child's name / profile) or by phone.

General Booking Policy: Swim Sessions may be subject to change at short notice. Please contact the Sports Centre or check online for details.

Pre-book Your Swim!

YES! We are asking all customers to pre-book public swim sessions.

This allows us to organise the pool into physically distanced lane swimming and public swim tanks, monitor maximum numbers and give each person a **45 min swim session** to enjoy plus an extra 15mins for changing. Between each session the pool and changing rooms will close for deep cleaning. Please arrive 'Pool Ready' with your Swimming Costume on under your clothes.



Children Under 8 Years.
 Children under the age of 8 years must be accompanied by an adult (over 16 years). A maximum ratio of 1 adult to 2 children under 8 years applies.



Children Over 8 Years
 Children 8 years and above can attend a public swim session unaccompanied providing they can competently swim a minimum of 25m.



Lane Swimming
 When booking a lane swimming lesson, please ensure that you book into the appropriate lane for your swimming capabilities.

Aubigny Sports Centre, Mill Wynd, Haddington, EH41 4DB

T: 01620 820650 Book Online: www.enjoyleisure.com

Delivering services for East Lothian Council. Enjoy East Lothian Ltd is a registered Scottish Charity: SC040527

Dunbar Leisure Pool

Swimming Pool Timetable

Correct as of September 2020

	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9				
MONDAY	5:45-7:45 Swim Club		8:15-9:00 Lane Swimming 25m		9:45-10:30 Aqua Fit Lane Swim 15m Lane Swim 15m		11:15-12:15 Lane 2 x 15m Family Tank Family Tank Family Tank		12:45-1:45 Lane 2 x 15m Family Tank Family Tank Family Tank		2:15-3:15 Lane 2 x 15m Family Tank Family Tank Family Tank		3:45-6:15 Swimming Lessons			6:30-9:15 Swimming Club				
TUESDAY					9:00-10:00 Lane Swimming 25m		10:30-11:30 Lane 2 x 15m Family Tank Family Tank Swim Lessons		12:00-1:00 Lane 2 x 15m Family Tank Family Tank		1:30-2:30 Lane 2 x 15m Family Tank Family Tank		3:00-4:00 Lane 2 x 15m Family Tank Family Tank		4:30-5:30 Lane 2 x 15m Family Tank Family Tank		6:00-7:00 Lane 2 x 15m Family Tank Family Tank		7:30-8:30 Lane 2 x 15m Family Tank Family Tank	
WEDNESDAY					9:00-10:00 Lane Swimming 25m		10:30-11:30 Swim Lessons Aqua Fit		12:00-1:00 Lane 2 x 15m Family Tank Family Tank		1:30-3:30 Staff Training		3:45-6:00 Swimming Lessons			6:30-7:30 Lane Swimming 25m		8:00-9:00 Lane Swimming 25m		
THURSDAY					9:00-10:00 Lane Swimming 25m		10:30-11:30 Swim Lessons Lane 2 x 15m Family Tank		12:00-1:00 Lane 2 x 15m Family Tank Family Tank		1:30-2:30 Lane 2 x 15m Family Tank Family Tank		3:45-6:15 Swimming Lessons			6:30-9:15 Swimming Club				
FRIDAY					9:00-10:00 Lane Swimming 25m		10:30-11:30 Swim Lessons Aqua Fit		12:00-1:00 Lane 2 x 15m Family Tank Family Tank		1:30-2:30 Lane 2 x 15m Family Tank Family Tank		3:00-4:00 Lane 2 x 15m Family Tank Family Tank		Kids Session 8-11 yrs		Kids Session 8-11 yrs			
SATURDAY					8:00-10:30 Swimming Lessons			11:00-12:00 Lane 2 x 15m Family Tank Family Tank		12:30-1:30 Lane 2 x 15m Family Tank Family Tank		2:00-3:00 Lane 2 x 15m Family Tank Family Tank		3:30-4:30 Lane 2 x 15m Family Tank Family Tank						
SUNDAY					8:30-9:30 Swim Club		10:00-11:00 Lane 2 x 15m Family Tank Family Tank		11:30-12:30 Lane 2 x 15m Family Tank Family Tank		1:00-2:00 Lane 2 x 15m Family Tank Family Tank		2:30-3:30 Lane 2 x 15m Family Tank Family Tank		4:00-5:00 Lane 2 x 15m Family Tank Family Tank					

Waves & Flume
We're sorry to advise customers that due to current restrictions and to maintain physical distancing we are unable to operate the waves and flume features of the Leisure Pool at this time.



Swim Session Descriptions
Lane Swim
An opportunity to enjoy swimming lengths of the pool. These sessions can be booked online or over the phone.
Family Tanks
We are now organising our public swim sessions into bookable 'tanks'. These are roped off sections of the pool where families, households or group bubbles can enjoy their swim will complying with physical distancing. These sessions can only be booked with the centre directly.
AquaFit
An exercise class that takes place in the water! Available to book online or by phone.
Kids Swim Sessions
Dedicated time in the pool for 8-11 year olds to enjoy a swim with fewer distancing restrictions. Book online (under the child's name / profile) or by phone.

General Booking Policy: Swim Sessions may be subject to change at short notice. Please contact the Sports Centre or check online for details.

Pre-book Your Swim!

YES! We are asking all customers to pre-book public swim sessions.

This allows us to organise the pool into physically distanced lane swimming and public swim tanks, monitor maximum numbers and give each person a **45 min swim session** to enjoy plus an extra 15mins for changing. Between each session the pool and changing rooms will close for deep cleaning. Please arrive 'Pool Ready' with your Swimming Costume on under your clothes.



Children Under 8 Years.
Children under the age of 8 years must be accompanied by an adult (over 16 years). A maximum ratio of 1 adult to 2 children under 8 years applies.



Children Over 8 Years
Children 8 years and above can attend a public swim session unaccompanied providing they can competently swim a minimum of 25m.



Lane Swimming
When booking a lane swimming lesson, please ensure that you book into the appropriate lane for your swimming capabilities.

Dunbar Leisure Pool, Castle Park, Dunbar, EH42 1EU
T: 01620 820655 Book Online: www.enjoyleisure.com

Delivering services for East Lothian Council. Enjoy East Lothian Ltd is a registered Scottish Charity: SC040527

Loch Centre

Swimming Pool Timetable

Correct as of September 2020

	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10			
MONDAY	6:00-7:15 Swim Club		7:45-8:45 Lane Swim		9:15-10:15 Lane Swim		10:45-11:45 Lane Swim		12:15-1:15 Lane Swim		1:45-2:45 Lane Swim		4:00-6:00 Swim Lessons		6:30-10:00 Swim Club					
TUESDAY	7:15-8:15 Lane Swim		8:45-9:45 AquaFit Lane Swim		10:15-11:15 Lessons Lane Swim		11:45-12:45 Lane Swim		1:15-2:15 Lane Swim		2:45-3:45 Lessons Lane Swim		4:15-5:15 Lane Swim		5:45-6:45 Lane Swim		7:15-8:15 AquaFit Lane Swim			
WEDNESDAY	6:00-7:15 Swim Club		7:45-8:45 Lane Swim		9:15-10:15 Lane Swim		10:45-11:45 Lane Swim		12:15-1:15 Lane Swim		1:45-2:45 Lessons Lane Swim		3:15-4:15 Lane Swim		4:45-5:45 Lessons Lane Swim		6:45-7:45 Swim Club		8:15-9:15 Swim Club	
THURSDAY	7:00-8:00 Lane Swim		8:30-9:30 Lane Swim		10:00-11:00 Lane Swim		11:30-12:30 Lane Swim		1:00-3:15 Staff Training		4:00-6:00 Swim Lessons		6:30-10:00 Swim Club							
FRIDAY	7:30-8:30 Lane Swim		9:00-10:00 Lane Swim		11:30-12:30 Lane Swim		1:00-2:00 Kids Swim Public Tanks Lane Swim		2:30-3:30 Kids Swim Public Tanks Lane Swim		4:00-6:00 Swim Club		6:30-8:45 Swim Club							
SATURDAY	9:00-11:00 Swim Lessons		11:30-12:30 Kids Swim Public Tanks Lane Swim		1:00-2:00 Kids Swim Public Tanks Lane Swim		3:00-4:15 Swim Club													
SUNDAY	9:15-10:15 Kids Swim Public Tanks Lane Swim		11:15-12:15 Kids Swim Public Tanks Lane Swim		12:45-1:45 Kids Swim Public Tanks Lane Swim		2:15-4:15 Swim Lessons		4:30-6:15 Swim Club											

Swim Session Descriptions
Lane Swim
 An opportunity to enjoy swimming 25m lengths of the pool. These sessions can be booked online or over the phone.
Public Tanks
 We are now organising our public swim sessions into bookable 'tanks'. These are roped off sections of the pool where families, households or group bubbles can enjoy their swim with physical distancing. These sessions can only be booked with the centre directly.

AquaFit
 An exercise class that takes place in the water! Available to book online or by phone.
Kids Swim Sessions
 Dedicated time in the pool for 8-11 year olds to enjoy a swim with fewer distancing restrictions. Book online (under the child's name / profile) or by phone.

General Booking Policy: Swim Sessions may be subject to change at short notice. Please contact the Sports Centre or check online for details.

Pre-book Your Swim!

YES! We are asking all customers to pre-book public swim sessions.

This allows us to organise the pool into physically distanced lane swimming and public swim tanks, monitor maximum numbers and give each person a **45 min swim session** to enjoy plus an extra 15mins for changing. Between each session the pool and changing rooms will close for deep cleaning. Please arrive 'Pool Ready' with your Swimming Costume on under your clothes.



Children Under 8 Years.
 Children under the age of 8 years must be accompanied by an adult (over 16 years). A maximum ratio of 1 adult to 2 children under 8 years applies.



Children Over 8 Years
 Children 8 years and above can attend a public swim session unaccompanied providing they can competently swim a minimum of 25m.



Lane Swimming
 When booking a lane swimming lesson, please ensure that you book into the appropriate lane for your swimming capabilities.

Loch Centre, Well Wynd, Tranent, EH33 2JX
T: 01875 824140 Book Online: www.enjoyleisure.com

Delivering services for East Lothian Council. Enjoy East Lothian Ltd is a registered Scottish Charity: SC040527

Musselburgh Sports Centre

Swimming Pool Timetable

Correct as of September 2020

	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9			
MONDAY		7:00-8:00 Lane Swimming		8:30-9:30 Lane Swimming Public Swim Tanks		10:00-11:00 Lane Swimming Public Tank Swim Lesson		11:30-12:30 Lane Swimming		1:00-2:00 Lane Swimming AquaFit		2:30-3:30 Lane Swimming Public Tank Swim Lesson		4:00-6:15 Swim Lessons		6:30-9:45 Musselburgh Swimming Club			
TUESDAY	6:00-7:45 ELST Club		8:00-9:00 Lane Swimming		9:30-10:30 Lane Swimming Public Swim Tanks		11:00-12:00 Lane Swimming Public Swim Tanks		12:30-1:30 Lane Swimming		2:00-3:00 Lane Swimming		3:30-4:30 Lane Swimming Public Tank Swim Lesson		5:00-5:30 Lane Swimming Public Tank Swim Lesson		6:30-7:30 Lane Swimming Swim Lesson		8:00pm - 9:15pm Sub Aqua Club Lane Swimming
WEDNESDAY		7:00-8:00 Lane Swimming		8:30-9:30 Lane Swimming Public Swim Tanks		10:00-11:00 Lane Swimming Public Swim Tanks		11:30-12:30 Lane Swimming		1:00-2:00 Lane Swimming Public Tank Swim Lesson		2:30-3:30 Lane Swimming Public Tank Swim Lesson		4:00-6:15 Swim Lessons		6:30-9:45 Musselburgh Swimming Club			
THURSDAY	6:00-7:45 ELST Club		8:00-10:15 Staff Training		11:00-12:00 Lane Swimming Public Tank Swim Lesson		12:30-1:30 Lane Swimming Aqua-Fit		2:00-3:00 Lane Swimming Public Tanks Swim Lesson		3:30-4:30 Lane Swimming Public Tanks Swim Lesson		5:00-5:30 Lane Swimming Public Tanks		6:30-7:30 Lane Swimming		8:00-9:15 Lane Swimming Aqua-Fit		
FRIDAY		7:00-8:00 Lane Swimming		8:30-9:30 Lane Swimming Public Swim Tanks		10:00-11:00 Lane Swimming Public Swim Tanks		11:30-12:30 Lane Swimming Public Swim Tanks Swim Lesson		1:00-2:00 Lane Swim Kids Swim Session Public Swim Tanks		2:30-3:30 Lane Swimming Public Swim Tanks		4:00-5:45 Swimming Lessons		6:00pm - 9:45pm ELST Musselburgh Swimming Club			
SATURDAY				9:00-11:15 Swimming Lessons		11:30-12:30 Lane Swim Kids Fun Session Public Swim Tanks		1:00-2:00 Lane Swim Kids Fun Session Public Swim Tanks		2:30-3:30 Lane Swim Kids Fun Session Public Swim Tanks									
SUNDAY			8:30-9:30 Musselburgh Swimming Club		10:45-11:45 Lane Swimming Public Swim Tanks		12:15-1:15 Lane Swimming Public Swim Tanks		1:45-2:45 Lane Swim Kids Fun Session Public Swim Tanks		3:15-4:15 Lane Swim Kids Fun Session Public Swim Tanks								

Swim Session Descriptions

Lane Swim
An opportunity to enjoy swimming 25m lengths of the pool.
NB: where there are also public tanks available, the lane swim will be reduced to 18m. These sessions can be booked online or over the phone.

Public Tanks
We are now organising our public swim sessions into bookable 'tanks'. These are roped off sections of the pool where families, households or group bubbles can enjoy their swim with physical distancing. These sessions can only be booked with the centre directly.

AquaFit
An exercise class that takes place in the water! Available to book online or by phone.

Kids Swim Sessions
Dedicated time in the pool for 8-11 year olds to enjoy a swim with fewer distancing restrictions. Book online (under the child's name / profile) or by phone.

General Booking Policy: Swim Sessions may be subject to change at short notice. Please contact the Sports Centre or check online for details.

Pre-book Your Swim!

YES! We are asking all customers to pre-book public swim sessions.

This allows us to organise the pool into physically distanced lane swimming and public swim tanks, monitor maximum numbers and give each person a **45 min swim session** to enjoy plus an extra 15mins for changing. Between each session the pool and changing rooms will close for deep cleaning. Please arrive 'Pool Ready'



Children Under 8 Years.
Children under the age of 8 years must be accompanied by an adult (over 16 years). A maximum ratio of 1 adult to 2 children under 8 years applies.



Children Over 8 Years
Children 8 years and above can attend a public swim session unaccompanied providing they can competently swim a minimum of 25m.



Lane Swimming
When booking a lane swimming lesson, please ensure that you book into the appropriate lane for your swimming capabilities.

North Berwick Sports Centre

Swimming Pool Timetable

Correct as of September 2020

	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
MONDAY						9:15-10:15 Lane Swim AquaFit		10:45-11:45 Lane Swim Lessons		12:15-1:15 Lane Swim		1:45-2:45 Lane Swim Lessons		3:15-6:00 Swim Lessons		6:30-7:30 Lane Swim	8:00-9:00 Lane Swim Swim Club
TUESDAY		7:00-8:00 Lane Swim		8:30-9:30 Lane Swim		10:00-11:00 Lane Swim Schools		11:30-12:30 Lane Swim Schools		1:00-2:00 Lane Swim Lessons		2:30-3:30 Lane Swim Lessons		3:30-5:45 Swim Lessons		5:45-7:30 Swim Club	8:00-9:00 Swim Club Lane Swim
WEDNESDAY				9:30-10:30 Lane Swim AquaFit		11:00-12:00 Lane Swim		12:30-1:30 Lane Swim		2:00-3:00 Lane Swim AquaFit		3:30-4:30 Lane Swim		5:15-9:30 Swim Club			
THURSDAY		7:30-8:30 Lane Swim		9:00-10:00 Lane Swim AquaFit		10:30-11:30 Lane Swim AquaFit		12:00-1:00 Lane Swim Lessons		1:15-3:15 Staff Training		3:30-5:45 Swim Lessons		6:00-7:00 Swim Club		8:00-9:00 Lane Swim	
FRIDAY				9:15-10:15 Lane Swim AquaFit		10:45-11:45 Lane Swim Lessons		12:15-1:15 Lane Swim Kids Swim Session Public Tank Public Tank		1:45-2:45 Lane Swim Kids Swim Session Public Tank Public Tank		3:15-4:15 Lane Swim		5:00-7:15 Swim Club		7:45-9:45 Kayak Club	
SATURDAY				9:00-11:30 Swim Lessons			12:00-1:00 Lane Swim Public Tank Public Tank		1:30-2:30 Lane Swim Public Tank Public Tank		3:00-4:00 Lane Swim Public Tank Public Tank						
SUNDAY				9:30-10:30 Lane Swim		11:00-12:00 Lane Swim Public Tank Public Tank		12:30-1:30 Lane Swim Public Tank Public Tank		2:30-3:30 Lane Swim Public Tank Public Tank		3:30-4:30 Lane Swim Public Tank Public Tank					

Swim Session Descriptions

Lane Swim
An opportunity to enjoy swimming 25m lengths of the pool.
NB: where there are also public tanks available, the lane swim will be reduced to 18m. These sessions can be booked online or over the phone.

Public Tanks
We are now organising our public swim sessions into bookable 'tanks'. These are roped off sections of the pool where families, households or group bubbles can enjoy their swim with complying with physical distancing. These sessions can only be booked with the centre directly.

AquaFit
An exercise class that takes place in the water! Available to book online or by phone.

Kids Swim Sessions
Dedicated time in the pool for 8-11 year olds to enjoy a swim with fewer distancing restrictions. Book online (under the child's name / profile) or by phone.

General Booking Policy: Swim Sessions may be subject to change at short notice. Please contact the Sports Centre or check online for details.

Pre-book Your Swim!

YES! We are asking all customers to pre-book public swim sessions.

This allows us to organise the pool into physically distanced lane swimming and public swim tanks, monitor maximum numbers and give each person a **45 min swim session** to enjoy plus an extra 15mins for changing. Between each session the pool and changing rooms will close for deep cleaning. Please arrive 'Pool Ready' with your Swimming Costume on under your clothes.

Children Under 8 Years.
Children under the age of 8 years must be accompanied by an adult (over 16 years). A maximum ratio of 1 adult to 2 children under 8 years applies.

Children Over 8 Years
Children 8 years and above can attend a public swim session unaccompanied providing they can competently swim a minimum of 25m.

Lane Swimming
When booking a lane swimming lesson, please ensure that you book into the appropriate lane for your swimming capabilities.