

# Festive Opening Hours 2019-20

enjoy leisure throughout the festive season

## AUBIGNY SPORTS CENTRE

T: 01620 820650

	Centre Hours
Christmas Eve	9:00am - 3:00pm
Christmas Day	CLOSED
Boxing Day	CLOSED
Fri 27 Dec	9:00am - 5:00pm
Sat 28 Dec	9:00am - 5:00pm
Sun 29 Dec	9:00am - 5:00pm
Mon 30 Dec	9:00am - 5:00pm
Hogmanay	9:00am - 3:00pm
New Year's Day	CLOSED
Thurs 2 Jan	CLOSED
Fri 3 Jan	7:00am - 10:00pm

## DUNBAR LEISURE POOL

T: 01620 820655

	Pool & Gym	Health Suite & Cafe
Christmas Eve*	9:00am - 4:00pm	9:00am - 4:00pm
Christmas Day	CLOSED	CLOSED
Boxing Day	CLOSED	CLOSED
Fri 27 Dec	9:00am - 5:00pm	9:00am - 5:00pm
Sat 28 Dec	9:00am - 5:00pm	9:00am - 5:00pm
Sun 29 Dec	9:00am - 5:00pm	9:00am - 5:00pm
Mon 30 Dec	7:30am - 5:00pm	9:00am - 5:00pm
Hogmanay*	9:00am - 4:00pm	9:00am - 4:00pm
New Year's Day	CLOSED	CLOSED
Thurs 2 Jan	CLOSED	CLOSED
Fri 3 Jan	9:00am - 5:00pm	9:00am - 5:00pm

## LOCH CENTRE

T: 01875 824140

	Centre Hours
Christmas Eve	7:00am - 3:00pm
Christmas Day	CLOSED
Boxing Day	CLOSED
Fri 27 Dec	7:00am - 4:30pm
Sat 28 Dec	9:00am - 4:30pm
Sun 29 Dec	9:00am - 4:30pm
Mon 30 Dec	7:00am - 6:30pm
Hogmanay	7:00am - 3:00pm
New Year's Day	CLOSED
Thurs 2 Jan	CLOSED
Fri 3 Jan	7:30am - 9:00pm

## CUSTOMERS PLEASE NOTE:

- Last admission to the Sports Centres is 1 hour before closing
- Swimmers will be asked to vacate the pool 30mins prior to closing.
- Please contact the Sports Centres directly for Pool, Health Suite & Gym times.

## DUNBAR LEISURE POOL

- Please note, last admission at Dunbar Leisure Pool is 30mins prior to closing.

## MEADOWMILL SPORTS CENTRE

T: 01875 618997

	Centre Hours
Christmas Eve	9:00am - 3:00pm
Christmas Day	CLOSED
Boxing Day	CLOSED
Fri 27 Dec	9:00am - 5:00pm
Sat 28 Dec	9:00am - 5:00pm
Sun 29 Dec	9:00am - 5:00pm
Mon 30 Dec	9:00am - 5:00pm
Hogmanay	9:00am - 3:00pm
New Year's Day	CLOSED
Thurs 2 Jan	CLOSED
Fri 3 Jan	9:00am - 10:00pm

## MUSSELBURGH SPORTS CENTRE

T: 0131 653 5208

	Centre Hours
Christmas Eve	9:00am - 3:00pm
Christmas Day	CLOSED
Boxing Day	CLOSED
Fri 27 Dec	9:00am - 5:00pm
Sat 28 Dec	9:00am - 5:00pm
Sun 29 Dec	9:00am - 5:00pm
Mon 30 Dec	9:00am - 5:00pm
Hogmanay	9:00am - 3:00pm
New Year's Day	CLOSED
Thurs 2 Jan	CLOSED
Fri 3 Jan	7:00am - 9:30pm

## NORTH BERWICK SPORTS CENTRE

T: 01620 820730

	Centre Hours
Christmas Eve	9:00am - 3:00pm
Christmas Day	CLOSED
Boxing Day	CLOSED
Fri 27 Dec	9:00am - 5:00pm
Sat 28 Dec	9:00am - 5:00pm
Sun 29 Dec	9:00am - 5:00pm
Mon 30 Dec	9:00am - 5:00pm
Hogmanay	9:00am - 3:00pm
New Year's Day	CLOSED
Thurs 2 Jan	CLOSED
Fri 3 Jan	9:00am - 10:00pm

## SPORT CENTRE CAFÉS

Unless otherwise stated, the café facilities will be closed from Christmas Eve and will reopen on Fri 3rd January.

## CLIMBING WALL

The Climbing Wall, Tranent will close for the festive period on Thursday 19th and will reopen on Sunday 5th January 2020.

## SWIMMING LESSONS

Swimming lessons will break over the festive period between Sunday 22nd Dec to Saturday 4th January inclusive and will restart on Sun 5th January 2020.

Remember Get in the Swim members can enjoy free swims throughout the festive period.

enjoyleisure would like to wish all of our customers a very Merry Christmas and a Happy New Year.

[www.enjoyleisure.com](http://www.enjoyleisure.com)

Delivering services for East Lothian Council.  
Enjoy East Lothian Ltd is a Scottish Registered Charity: SC040527.



# Festive Class Timetable



## AUBIGNY SPORTS CENTRE

T: 01620 820650

<b>Christmas Eve</b>	BodyCombat Exp Aqua-Fit BodyBalance Exp Resistance Bands	9:05am - 9:35am 9:15am - 10:00am 9:40am - 10:10am 12:30pm - 1:00pm
<b>Fri 27 Dec</b>	Kettlebells Resistance Bands BodyPump BodyAttack Body Suspension	9:10am - 9:40am 9:45am - 10:15am 9:45am - 10:45am 10:20am - 10:50am 11:00am - 11:45am
<b>Sat 28 Dec</b>	Aerotone BodyPump Abs Blast SpinFit Zumba	9:00am - 10:00am 9:15am - 10:15am 10:10am - 10:40am 10:45am - 11:30am 11:45am - 12:30pm
<b>Sun 29 Dec</b>	Spin Express Pilates	9:00am - 9:30am 9:45am - 10:45am
<b>Mon 30 Dec</b>	Legs, Bums & Tums BodyCombat Funky Fitness BodyPump Pilates	9:05am - 9:50am 9:15am - 10:00am 10:00am - 11:00am 10:10am - 10:55am 11:15am - 12:00pm
<b>Hogmanay</b>	BodyCombat Exp Body Suspension BodyBalance Exp Body Suspension Resistance Bands	9:05am - 9:35am 9:05am - 9:35am 9:40am - 10:10am 9:40am - 10:10am 12:30pm - 1:00pm

## DUNBAR LEISURE POOL

T: 01620 820655

<b>Christmas Eve</b>	BodyPump Yoga	9:15am - 10:00am 10:15am - 11:00am
<b>Fri 27 Dec</b>	Metafit Spin Express AquaFit Pilates	9:15am - 9:45am 9:50am - 10:20am 10:10am - 10:55am 11:15am - 12:00pm
<b>Sat 28 Dec</b>	BodyAttack BodyCombat BodyBalance	9:15am - 10:00am 10:00am - 10:45am 10:45am - 11:30am
<b>Sun 29 Dec</b>	BodyPump Spin Express Yoga	9:15am - 10:00am 10:15am - 10:45am 11:00am - 11:45am
<b>Mon 30 Dec</b>	BodyAttack AquaFit BodyBalance Body Suspension Ballet Stretches	9:30am - 10:30am 10:05am - 10:50am 10:30am - 11:15am 11:15am - 12:00pm 12:05pm - 12:50pm
<b>Hogmanay</b>	BodyPump Yoga	9:15am - 10:00am 10:15am - 11:00am
<b>Friday 3rd</b>	MetaFit Spin Express Aqua-Fit Pilates	9:15am - 9:45am 9:50am - 10:20am 10:05am - 10:50am 11:15am - 12:00pm

## MEADOWMILL SPORTS CENTRE

T: 01875 618997

<b>Christmas Eve</b>	Spin-Fit HIIT Circuits	9:30am - 10:00am 10:05am - 10:35am
<b>Fri 27 Dec</b>	Spin-Fit HIIT Circuits	9:30am - 10:00am 10:05am - 10:35am
<b>Sat 28 Dec</b>	Spin-Fit HIIT Circuits	9:30am - 10:00am 10:05am - 10:35am
<b>Sun 29 Dec</b>	Spin-Fit HIIT Circuits	9:30am - 10:00am 10:05am - 10:35am
<b>Mon 30 Dec</b>	Spin-Fit HIIT Circuits	9:30am - 10:00am 10:05am - 10:35am
<b>Hogmanay</b>	Spin-Fit HIIT Circuits	9:30am - 10:00am 10:05am - 10:35am

## LOCH CENTRE

T: 01875 824140

<b>Mon 23 Dec</b> <i>revised timetable</i>	BodyPump Spin-Fit Resistance MetaFit Legs, Bums & Tums Zumba Step & Tone BodyPump	9:30am - 10:25am 9:30am - 10:30am 10:40am - 11:10am 4:45pm - 5:15pm 5:15pm - 6:00pm 5:15pm - 6:00pm 6:05pm - 6:55pm 7:00pm - 7:55pm
<b>Christmas Eve</b>	AquaFit HIIT SpinFit Zumba Funky Fitness	8:45am - 9:30am 9:30am - 10:25am 10:30am - 11:15am 10:30am - 11:15am 11:15am - 12:00pm
<b>Fri 27 Dec</b>	SpinFit BodyPump BodyBalance Stretch & Strength Teen Fit Gym	9:30am - 10:15am 10:30am - 11:15am 10:30am - 11:30am 10:30am - 11:30am 1:15pm - 2:15pm
<b>Sat 28 Dec</b>	BodyPump SpinFit BodyBalance Agility Circuits	9:10am - 9:55am 9:10am - 9:55am 10:05am - 10:55am 10:10am - 11:00am
<b>Sun 29 Dec</b>	BodyPump SpinFit Zumba BodyBalance	9:10am - 10:10am 9:15am - 10:00am 10:15am - 11:00am 10:15am - 11:15am
<b>Mon 30 Dec</b>	BodyPump SpinFit Resistance Bands MetaFit Legs, Bums & Tums Zumba	9:30am - 10:25am 9:30am - 10:30am 10:40am - 11:10am 4:45pm - 5:15pm 5:15pm - 6:00pm 5:15pm - 6:00pm
<b>Hogmanay</b>	AquaFit HIIT SpinFit Zumba Funky Fitness	8:45am - 9:30am 9:30am - 10:25am 10:30am - 11:15am 10:30am - 11:15am 11:15am - 12:00pm

## MUSSELBURGH SPORTS CENTRE

T: 0131 653 5208

<b>Christmas Eve</b>	Piloxing Fitness Pilates Gym Assist	9:20am - 10:05am 10:10am - 11:10am 11:15am - 12:15pm
<b>Sat 28 Dec</b>	BodyCombat BodyBalance BodyPump	9:15am - 10:00am 10:15am - 11:00am 11:15am - 12:15pm
<b>Sun 29 Dec</b>	Xpress Circuits Fitness Pilates	9:15am - 9:45am 9:45am - 10:45am
<b>Mon 30 Dec</b>	BodyPump Zumba Fitness Fun Yoga	9:20am - 10:10am 10:10am - 10:55am 11:15am - 12:15pm 3:00pm - 4:00pm
<b>Hogmanay</b>	Piloxing Fitness Pilates Gym Assist	9:20am - 10:05am 10:10am - 11:10am 11:15am - 12:15pm

## NORTH BERWICK SPORTS CENTRE

T: 01620 820730

<b>Christmas Eve</b>	MetaFit BodyPump	9:15am - 9:45am 9:55am - 10:40am
<b>Sat 28 Dec</b>	MetaFit Spin-Fit	9:00am - 9:30am 9:30am - 10:30am
<b>Mon 30 Dec</b>	Legs, Bums & Tums	9:15am - 10:15am
<b>Hogmanay</b>	MetaFit BodyPump Abs Blast	9:15am - 9:45am 9:55am - 10:40am 10:45am - 11:15am

**BOOKINGS:** Classes can be booked up to 7 days in advance in person, over the phone or online via [enjoyleisure.com](http://enjoyleisure.com). Payment required when booking.

**CANCELLATIONS:** Please provide as much notice as possible prior to the start of the class. Fitness classes not cancelled prior to the start time may be subject to a £2 charge for members and no refund for non members.

**ADMISSION TO CLASSES:** Please arrive 10 minutes before the start of a class. To respect others, there will be no admission after a class has started.

Book Online at  
[enjoyleisure.com](http://enjoyleisure.com)

Some classes may  
be subject to change.

The new January -  
March Timetable  
starts on Fri 3rd Jan